

**Spring PNTA Taekwon-Do
Friendship Tournament
Location: Oregon City Dojong
Saturday, March 19, 2016**

**Door registration: 9:00 AM
PNTA Judges Meeting: 9:45 AM
Tournament begins: 10AM-6PM**

HOSTED BY:

Bettencourt's Taekwon-Do America

SANCTIONED BY:

Pacific Northwest Taekwon-Do Association

All Schools and styles are welcome!

Traditional "Non-Contact" Sparring

Hyungs (Forms/Poomse/Tul/Kata)

Board Breaking

Weapons

Team Sparring

**Location : Oregon City Dojong
618 Main Street
Oregon City, OR 97045**

Martial Arts Demonstrations Welcome

- **Traditional Taekwon-Do**
- **IHF Hapkido**
- **Karate**
- **Kung Fu**



FOR MORE INFORMATION CALL: (503) 650-0680

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www.worldmusadofederation.com